

YOUR JOURNEY. YOUR CHOICE.

Smokefree service options to meet your needs

Would you like to stop smoking?

YES

Would you like face-to-face support to stop smoking?

YES

NO

Are you Hapū or care for young children?

Would you like FREE Nicotine replacement therapy?

NO

YES

YES

YES

The Smokefree Pregnancy and Newborn Incentive Programme could be the best choice for you

Quitline could be the best choice for you

Would you like to discuss other medications to help stop smoking?

YES

Would you like a Stop smoking support person to come to you at your home?

Would you like to see someone at your General Practice or local Pharmacy?

NO

YES

The Coast Quit programme could be the best choice for you

YES

YES

The Oranga Hā Stop smoking programme would be the best choice for you

The Te Whatu Ora Stop Smoking service could be the best choice for you

