



West Coast Health

Improving Access, Equity, and System Integration

 Enrolled population - **31,911**

 Area of the Coast - **23,246 km²**

 Length of the Coast - **600 km**

 Majority **R3** and **R2** Remainder **R1**

Our Services

Free Navigator Service

Free Physical Activity Support Service (PASS)

Free Dietitian Service

Free Support for Breastfeeding Mothers

Free Retinal Screening

Free HPV Screening

Free Immunisations

Free Brief Intervention Counselling Service

Free Online Counselling for Youth

Free Health Coaches

Free Health Improvement Practitioners

Free Equity Pharmacists

Free Smokefree Services

Diabetes Project Specialist

Achievements 2023 - 2024



Rural outreach Nurse Practitioner service Te Waka Ngākau o Poutini

Our partnership with Poutini Waiora to expand free Nurse Practitioner Clinics up and down the Coast; focusing particularly on Māori whānau, people disconnected from the health system, and those living in remote rural locations.



Establishment of the Community Voice

A new collaboration between West Coast Health and Health NZ Te Tai o Poutini to enable local voices to join with us in the co-design and review of our health services.



Launched new primary care afterhours telehealth service Ka Ora across West Coast

Ka Ora replaced the old 2 – 3 hour weekend clinics with 24/7 weekend access to a GP. Ka Ora has relieved workforce and financial pressures on West Coast primary care practices.



Long Term Condition Programme review

Redesign of our long-term condition programme to focus funding on high priority groups and empower clinicians to make individual patient care plans. Now includes asthma and gout.



Health Pathways localisation

West Coast Health achieved funding for a local Health Pathways Co-ordinator to improve care and make life easier for our clinicians.



A fresh start - West Coast Primary Health Organisation to West Coast Health

We rebranded and launched a new, more accessible website.



Local GP and Nurse Education

A range of presentations from Specialist services to raise our clinicians' skills and knowledge.

Want to learn more? westcoasthealth.nz

West Coast Health is the Primary Health Organisation (PHO) for Te Tai o Poutini, operating as a not-for-profit community trust. It is responsible for planning, coordinating, funding, and delivering comprehensive primary health care services across the region, working with healthcare providers to ensure integrated, patient-centred care, tailored to the community.



West Coast Health
Community Wellbeing Services